

Basketball - Instructional "Mini-Hoopers"

Ages: 3-5

This program will introduce children to the basic concepts of basketball, teamwork, and fair play. Practices will be held on Tuesday and Thursday evenings at the Campanelli YMCA.

Fee: Winter 1 & 2

\$36 Members \$72 Program Members

\$5 late fee applies for registration after the deadline

Floor Hockey - Instructional "Mini-Pucks"

Ages: 5-7

This program is designed to introduce children to the basic fundamentals and rules of floor hockey. Practices will be held on Monday and Wednesday evenings at the Campanelli YMCA.

Fee: Winter 1 & 2

\$36 Members \$72 Program Members

\$5 late fee applies for registration after the deadline

Youth Basketball

Ages: 6-9

This program will focus on the development of basic basketball skills and sportsmanship. Each participant will receive a shirt and participation award. Teams will practice one night per week and play games on Saturday afternoons at the YMCA and local schools.

Fee: Winter 1 ONLY

Season: January 4th – March 14th

\$56 Members \$112 Program Members

\$5 late fee applies for registration after the deadline

Boys Travel Basketball

Ages: 10-14

Youth have the unique opportunity to compete with other area YMCAs while still focusing on the YMCA sports philosophy. Teams will practice one night per week. Games are played Saturday and Sunday afternoons and evenly split among local YMCAs in Palatine, Lake Zurich, and Glen Ellyn. Practice and game schedule will be determined once registration closes.

Fee: Winter 1 ONLY

Season: January 4th – March 14th

\$50 Members \$100 Program Members

NEW! Tumble Bugs

Ages: 3-5

This program will introduce preschoolers to the basic concepts of tumbling, jumping, balancing, and much more! One class per week is the recommendation. See the instructor for any additional classes.

Thursday	5:00 pm-5:45 pm - Winter 2 Only
Saturday	12:00 pm-12:45 pm
	1:00 pm-1:45 pm

Fee: Winter 1 & 2

\$36 Members \$72 Program Members

NEW! Tumble Kids

Ages: 6-8

Participants will be divided by skill level. This program will build upon the skills learned in the preschool tumbling program or participant's current skills. One class per week is the recommendation. See the instructor for any additional classes.

Thursday	6:00 pm-7:00 pm - Winter 2 Only
Saturday	2:00 pm-3:00 pm
	3:15 pm-4:15 pm

Fee: Winter 1 & 2

\$41 Members \$82 Program Members

Chicago Storm Spring Break Soccer Camp

This Spring Break Camp offers children the unique opportunity to work with the Chicago Storm players and coaches. All skill levels are welcome. Camps are at the YMCA. **Sign-up at www.chicagosportszone.com or call 708-410-1302.**

Mini-Kickers Camp

Ages: 4-6

Ideal for beginners. Campers learn the basics in a fun environment designed for their age and skill level.

Session: March 22nd-24th

Fee: \$50 Members/Program Members

Big Kickers Camp

Ages: 7-13

Ideal for recreational and intermediate players. Campers will advance their skills in an entertaining and game-like environment.

Session: March 22nd-24th

Fee: \$50 Members/Program Members

PERSONAL BASKETBALL TRAINING

Looking to elevate your game by shooting better? Playing better defense? Improving your court awareness? Our staff will give you the one-on-one attention you need to improve your skills and develop your game. Evening and weekend appointments are available.

Fee: (1) One Hour Session \$40
(5) One Hour Sessions \$160

Youth Floor Hockey

Ages: 5-7

This program will focus on the development of basic floor hockey fundamentals and skills. Each participant will receive a shirt and participation award. Teams will practice one night per week and play games Saturday afternoons at the Campanelli YMCA.

Fee: Winter 1 & 2

\$41 Members \$82 Program Members

\$5 late fee applies for registration after the deadline

NEW! Gym & Swim

Ages: 6-8

Participants will learn tumbling skills in both the gym and the water! Basic tumbling skills will be taught in the gym. Participants will build their endurance, flexibility, confidence, and more in the injury free environment of the water.

Participants must be comfortable being in the water and with submerging their heads underwater.

Wednesdays 5:30 pm-6:30 pm

Fee: Winter 1 & 2

\$50 Members \$100 Program Members

Kyuki-Do

Ages: 5 and up

Instructed by Albert Olsen

This class incorporates basic blocking, kicking and punching styles from Tae Kwon Do, throwing and falling techniques from Judo, and the art of wrist-and-joint locks of Hapkido. All students are eligible for promotional advancement through various color belt levels. No uniform is required for the first session.

Beginners

Tues 6:30 pm - 7:30 pm

Wed 6:30 pm - 7:30 pm

Sat 10:30 am - 11:30 am

Advanced

Tues 7:40 pm - 8:40 pm

Wed 7:40 pm - 8:40 pm

Sat 10:30 am - 11:30 am

Family

Sat 11:40 am - 12:40 pm

Fees: Winter 1 & 2

1 class/week for 7 weeks: \$32 Members \$64 Program Members

2 classes/week for 7 weeks: \$62 Members \$128 Program Members

3 classes/week for 7 weeks: \$93 Members \$138 Program Members

Instructional Co-Ed Volleyball

Ages: 9-15

This program is geared to develop overall volleyball skills in a positive environment. Seasoned instructors will help participants gain a sense of sportsmanship, teamwork, and knowledge of the sport. Players will be arranged in age appropriate groups. Teams will meet on Mondays and Wednesdays from 7:00 pm - 8:00 pm at the YMCA. All equipment will be supplied.

Fee: Winter 2 ONLY

\$41 Members \$82 Program Members

\$5 late fee applies for registration after the deadline

