

## NEW! YMCA Dance Academy

The Campanelli YMCA proudly presents the YMCA Dance Academy. You'll find classes for all interests. The ages listed are solely a guideline. If your child is 7 years old, but capable of doing choreography in a Level III class, feel free to enroll your child in that class. If your child is enrolled in any Ballet or Jazz classes, we will utilize part of the class time for Pilates or Yoga to increase balance, technique, and overall wellness.

**Fee:** **November 2nd-February 20th (15 weeks)**  
 \$150 Members  
 \$180 Program Members

**February 22nd-June 5th (14 weeks)**  
 \$140 Members  
 \$170 Program Members

### Tap/Ballet

**Ages: 3½ -5 Saturdays 11:00 am -11:45 am**  
 This class is a combination of both tap and ballet. It introduces children to the foundations of both styles of dance. The first half of the class will be dedicated to tap to foster a sense of rhythm and timing. Children will then be given a quick break to get a drink and change their shoes. The second half of the class will be focused on ballet for poise and a proper foundation for dance. The main focus of both styles of dance is to work on both gross and fine motor skills for the preschool and kindergarten age children. We will have fun playing freeze dance and using fun props as well! Ballet and tap shoes required. Leotard and tights or form fitting clothing recommended.

### Jazz I

**Ages: 6-7 Saturdays 12:45 pm-1:30 pm**  
 This beginning level jazz class will introduce dancers to the foundation of jazz. We will learn jazz walks, jazz hands, chasses, isolations, hip rolls, and more! The class will start by stretching and doing exercises across the floor. Dancers will enjoy learning short combinations each class so they can go home and dance! Jazz or ballet shoes required. Comfortable clothes recommended. No jeans.

### Jazz II

**Ages: 7-8 Mondays 6:35 pm-7:35 pm**  
 Jazz II focuses on building on Jazz I and adding more steps to basic moves. We will learn jazz squares, pas de bourrees, hip walks, and begin to work on pirouettes! The speed of choreography will increase and dancers will have ample opportunities to practice new dance moves as we do center combinations as well as combinations across the floor. Ballet or Jazz shoes required. Fitted clothes recommended.

### Jazz III

**Ages: 9-10 Thursdays 5:30 pm-6:30 pm**  
 This is a quick moving class. Dancers taking Jazz III should have mastered the skills of Jazz I and II before taking this class. The steps and choreography learned in this class will all be based on the basic steps from the first two classes. A few steps that we will be learning are Jazz Squares, Fan Kicks, Hitch Kicks, and Hip Walks. Dancers should be ready for fun challenges and be ready to work hard. We are going to have a lot of fun in Jazz III! Ballet or Jazz shoes required. Fitted clothes recommended.

### Ballet I

**Ages: 6-7 Saturdays 11:50 am-12:35 pm**  
 Ballet I will focus on elementary placements of the body and introduce First and Second Position. Class will begin at the barre with stretching and footwork to warm up the body. Center combinations and across the floor exercises will occur towards the middle of class. Some steps we will focus on are Plies, Jetes, Port de Bras, and Releves. Ballet shoes required. Leotard and tights or form fitting clothes recommended.

### Ballet II

**Ages: 7-8 Mondays 5:30 pm-6:30 pm**  
 This class will build on Ballet I and introduce Third, Fourth, and Fifth Position. Posture and flexibility will become more of a priority. We will work in Coupe and Passe, and we will learn how to pirouette as well as learn how to do a Pas de Chaval. Barre work will begin each class. We will then move across the floor and finish with a center combination. Ballet shoes required. Leotard and tights or form fitting clothing required.

### Ballet III

**Age: 9-10 Tuesdays 6:35 pm-7:45 pm**  
 Ballet III will continue to stress the importance of the posture and alignment of the dancer. Barre work will become very important, as it is where we learn most of our technique. Steps and combinations will

increase in speed when performed Allegro. Dancers will be expected to know steps taught in the previous classes. Some new steps to be learned in Ballet III are, Balance, Assamble, Escapade, and Changement. We will do not only Classical Ballet, but also some Contemporary Ballet. Ballet shoes required. Leotard and tights or form fitting clothes recommended.

### Tap I

**Ages: 6-7 Saturdays 1:35 pm-2:20 pm**  
 This class introduces the dancer to the different parts of the tap shoe and the vocabulary for each step. Steps in this class are basic moves that should be taken by a beginning tap dancer. Learn how to Shuffle, Ball Change, Susie-Q, and Buffalo! We will begin by warming up our feet and then proceed to across the floor and center combinations. Tap shoes required. Comfortable clothes recommended.

### Tap II

**Ages: 7-8 Tuesdays 5:30 pm-6:30 pm**  
 Tap II will review all steps from Tap I and add other steps to those previously learned. Rhythm will be emphasized and half-beats will be introduced. Speed will slightly increase. Some new steps we will be learning are Maxie Fords, cramp rolls, and Lindies. As in Tap I, we will start with warming up our feet and ankles and proceed across the floor and do some center work. Tap shoes required. Comfortable clothes recommended.

### Tap III

**Ages: 9-10 Thursdays 6:35 pm-7:45 pm**  
 In Tap III we will start to speed things up! We will be building on to all of the previous steps learned and practice tapping quicker. The layout for Tap III is exactly like Tap I and Tap II: warm up, across the floor, and center work. Some new steps that we will learn in this class are turning Maxie Fords, Pull Backs, and Time Steps! The choreography will move quickly, so get those tapping feet ready! Tap shoes required. Comfortable clothes recommended.